

Fresh From Our Bakery

Croissant with Jam & Butter 2.50

Chocolate Croissant 2.50

Strawberry Cream Cheese Croissant 2.50

Spinach and Feta Croissant 3.50

French Bread Basket 5.50

Assorted Bread Basket 5.50

Toast with Jam & Butter 2.00
(Sourdough, Rye, Pumpernickel, Multi-grain)

Toasted Bagel with Cream Cheese 3.95
or Jam & Butter

Scones 2.50
(Blueberry and Cinnamon)

Un Caffé ... ?

Un Cappuccino ... ?

Illy Coffee

Bottomless Cup 2.25

	Single	Double
Iced Coffee	—	2.50
Cafe au lait	—	2.50
Caffè Lattè	2.75	3.50
Iced Lattè	2.75	3.50
Caffè Americano	—	2.50
Cappuccino	2.75	3.75
Iced Cappuccino	2.75	3.75
Mocha Cappuccino	3.00	3.75
Iced Mocha Cappuccino	3.00	3.75
Espresso	1.75	2.50
Red Eye Express	3.00	3.75
Hot Chocolate	—	2.50

We offer skinny and decaf options on all coffees

Add a shot of Monin Flavor +.50

Vanilla, Caramel, Amaretto, Irish Crème, Hazelnut

Panini

Ciabatta grilled to perfection on our panini press ...

Served with choice of side

Turkey Panini 9.50

*Lean Turkey Breast, fresh Goat Cheese,
Tomatoes, and ripe Avocado
grilled to perfection!*

Prosciutto 8.95

Black Forest Ham & Cheese 8.95

Margherita 8.95

Fresh Mozzarella, Tomato & Basil

P.L.T. 8.95

*Pancetta, Romaine, Tomato &
fresh Basil Mayonnaise*

Fresh Goat Cheese & Sundried
Tomato Pesto 8.95

Beverages

Milk (Skim, Whole) 2.00

Tomato Juice 3.00

Orange Juice 3.00

Lemonade 3.00

Arnold Palmer 3.00

Lemonade & Unsweet Iced Tea

Orangina 3.50

Republic of Tea - Hot 2.50

Please ask your server about our featured selections!

Twinings Hot Tea 2.00

English Breakfast or Earl Grey

*Freshly Brewed Iced Tea 2.00

Sweet or Unsweet

Dr. Brown's Soda 2.00

*Cream Soda, Diet Cream Soda, Black Cherry,
Diet Black Cherry, Rootbeer, Ginger Ale*

Coke, Diet Coke, Sprite 2.00

Bottled Waters **Small** 2.00 **Large** 3.00
Still or Sparkling

* We gladly offer free refills
on our freshly brewed iced tea.

The Gourmet Shop Café

Café Favorites

Our Famous Chicken Salad Sandwich 8.50
Favorite since 1982, Served on Croissant with choice of Side

French Club 8.95

*Thinly Sliced Breast of Turkey, Ham, Crispy Bacon, Lettuce, Tomato
on French Bread. Garnished with Cornichons & Nicoise Olives with choice of Side*

Turkey Pesto 8.50

Thinly Sliced Breast of Turkey and Swiss Cheese combined with Pesto Mayonnaise on French Bread with choice of Side

Reuben 8.50

Thinly sliced Corned Beef on Rye with Swiss Cheese, Sauerkraut, Thousand Island Dressing & served with Cole Slaw

Grilled Chicken Caesar on French Bread 8.50

*Grilled Marinated Breast of Chicken served with Romaine, Tomato, Red Onion and
our own Caesar Mayonnaise with choice of Side*

Black Bean & Corn Wrap 7.50

*Black Bean and Corn Salad with Lettuce and Tomato, wrapped in a delicious
Spinach wrap or spicy Chipotle wrap. Served with your choice of side
With Grilled Chicken 8.50*

Smoked Salmon on Bagel 10.50

With Cream Cheese, Red Onion, Lettuce, Tomato & Capers

Healthy Choice 7.50

Thinly Sliced Breast of Turkey on Multi-Grain with Alfalfa Sprouts & Avocado, served with Fruit Salad

Bacon, Lettuce and Tomato Croissant 7.95

Hot bacon, lettuce and tomato served on a fresh croissant with your choice of side.

Veggie Choice 7.50

*Fresh Goat Cheese — low in fat—spread on sliced Sourdough topped with Avocado, Tomato,
Alfalfa Sprouts & Sunflower Seeds with choice of Side*

724 Saluda Avenue, Columbia, SC

phone: 803.799.3705 • fax: 803.256.2337 • www.thegourmetshop.net

Monday-Friday 9:00-3:45 • Saturday 9:00-4:45 • Sunday 10:00-3:45

From The Cheese Board

Cheese Plate

Choose any assortment from our featured Cheese selection

Assortment of three 15.00 Assortment of Four 18.00 Assortment of Five 20.00

Cheese & Paté Plate

Choose any assortment from our featured Cheese and Paté selection

One Paté & One Cheese 10.00 Two Patés & One Cheese 15.00
Two Patés & Two Cheeses 17.00 Two Patés & Three Cheeses 20.00

A Little French Cheese 7.50
Slightly melted Brie served with French Bread
and our Rhubarb Raspberry Jam

Prosciutto & Parrano Plate 12.00

All of the above are served with Dijon Mustard, Cornichons, Nicoise Olives, Nuts & Basket of French Bread

Salads

Seasonal Green Salad 6.50

Assorted Greens & Fresh Croutons with Feta Cheese & House Dijon Vinaigrette on the side
add: Chicken Salad +3.50 • add: Shrimp Salad or Tuna Salad +3.95

Spinach Salad 8.25

Fresh Spinach, topped with Bacon, Avocado, Sunflower Seeds, Cucumbers, Tomatoes, and Mushrooms with Celery Seed Vinaigrette
add: Chicken Salad +3.50 • add: Shrimp Salad or Tuna Salad +3.75

Stuffed Cantaloupe (Tomatoes offered seasonally)

Chicken Salad 8.50 • Fruit or Cottage Cheese 6.50 • Shrimp Salad 9.50 • Tuna Salad 8.50

Hummus Plate 7.95

Our own Hummus, drizzled with E.V.O.O. Served with Melon, Grapes, Cornichons, Olives and warm Pita bread

Avocado Plate 7.95

Whole sliced Avocado served with E.V.O.O., Fresh Lemon Slices & French Bread

Enjoy ONE Favorite

All salads are served with French Bread & Butter

Chicken Salad 8.50 • Egg Salad 7.95 • Tuna & Penne Pasta 7.95
Tomato, Feta, Basil Pasta 7.95 • Roasted Vegetable Pasta 7.95 • Pesto Pasta 7.95

* Available by the pound on our retail side.

One, One & One 9.95

Add: Shrimp or Tuna +3.75

Create your own salad combination • Choose three of your favorite Salads listed

Create Your Own Sandwich

Medium Rare Roast Beef 7.95

Grilled Marinated Breast of Chicken 8.50

Breast of Turkey 7.95

Hot Pastrami 7.95

Black Forest Ham 7.95

Bacon, Lettuce, Tomato 7.95

Egg Salad & Roast Beef 7.95

Egg Salad & Black Forest Ham 7.95

* Egg Salad 7.50

* Pimento Cheese 7.50

* Tuna Salad 7.95

All Sandwiches served with Lettuce, Tomato & your choice of:

Breads

Pumpernickel • Rye • Multi-Grain • Sliced White • French Baguette • Ciabatta • Croissant • Bagel

Condiments

Dijon • Honey Mustard • Mayonnaise • Horseradish Sauce • Roasted Red Peppers
Pesto Mayonnaise • Caesar Mayonnaise • Dijon Vinaigrette • Condimento

Choose One Side

*Dill Potato Salad • *Fruit Salad • *Roasted Vegetable Pasta • *Pesto Pasta
*Tomato, Feta & Basil Pasta • Green Salad • *Cole Slaw • Deviled Egg • Potato Chips • Soup of the Day

Extras

Bacon +1.50 • Avocado +1.50 • Brie +2.50
Additional Meat +2.50 • Rhubarb Raspberry Jam +1.50 • Condimento +1.25
Cheese (Havarti • Swiss • Provolone • Cheddar) +1.50

**Planning an event? Don't forget about our selection of catering trays and boxed lunches!
– Separate Catering Menu Available –**